ALLERGEN SHEET AUTUMN 2026

FOOD/ALLERGEN	GLUTEN	EGG	FISH	PEANUTS	SOYBEANS	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHER	LUPIN	MOLLUSCS
Beef Burger	x				x						x		
Bread	x				x								
Cheese						x							
Cheese & Cucumber Sandwich	x				x	x							
Cheese & Tomato Pizza	x					x							
Cheese Pasta Salad	x				x								
Cheese Salad Baguette	x				x	x							
Cherry Shortbread	x										x		
Chicken & Bacon Pasta Bake	x					x							
Chicken Burger	x												
Chicken Goujons	x												
Chicken Sandwich	x				x								
Cream					x								
Crusty Bread	x				x								
Custard						x							
Egg Mayo Sandwich	x	x			x								
Egg Mayo Salad		x											
Fish Finger	x		x										
Fruit Crumble	x					x							
Ham Sandwich	x				x								
Ham & Cucumber Baguette	x				x								
Macaroni Cheese	x					x							
Mushroom Omlette		x				x							
Pasta	x												
Pork Meatballs in Tomato Sauce	x					x							
Potato & Pea Fritta		x											
Quorn Pieces & Vegetable Curry	x												
Quorn Sausages	x												
Sardine Salad			x										
Sausage Baguette	x				x			x	x		x		
Sausages	x							x	x		x		
Sausage Salad	x							x	x		x		
Spiced Apple Cake	x	x											
Tin Spaghetti	x												
Tuna & Sweetcorn Pasta Bake	x		x			x							
Tuna Mayo Baguette	x	x	x		x								
Turkey Mayo Baguette	x	x			x								
Vegetable Pasta Baske	x					x							
Vegetble Burger	x												
Veggie Finger	x												
Veggie Meatballs	x				x								
Veggie Mince Bolognaise	x	x			x								
Yoghurt						x							

Any dish or ingredient not listed contains no allergens.