



St John's C of E Primary School – Child Mental Health Pathway of Support

Staff Parental Concern

- Change in behaviour.
- Discussions from families and staff members.
- Pupil voice.
- Class teacher and senior mental health.



Classroom Monitoring

- Daily individual check ins with an adult in the classroom.
- Feedback and increased communication with the family.



Nurture Support

- One to one check in with a designated member of staff.
- Support from weekly Thrive group or ELSA based on the child's need.
- Time in the Nurture/ELSA Room.
- Extra provision is monitored by the Nurture Room team, ELSA lead or Pastoral Deputy Head.



Talk Time

- Discussion with Senior Mental Health Lead and parents to discuss further appropriate support.
- Exploration of alternative provision such as Play Therapy, external counselling etc.
- Senior Mental Health to liaise with external professionals to discuss progress.
- Written report at the end of every term or when sessions cease, where appropriate.



Mental Health Support Team

- A referral by the school to the Mental Health Support Team who support children with mild to moderate mental health difficulties through time limited evidence based interventions in school.
- The Mental Health Support Team will provide short term CBT informed interventions to parents or children depending on age. Typically this will be six to eight sessions.



Mental Health Support Team

- A referral made by school to CAMHS, who supports families and professionals who are concerned about children and young people who may be experiencing mental health difficulties, with a high level of concern.
- Intervention and treatment plans are individual to each child's need.