



P.E. Long Term Curriculum Map

Year Group	Autumn		Spring		Summer	
EYFS	Multi Skills Movement, Balance, and Coordination	Gymnastics Shapes, Rolls and Jumps	Dance Body control, beats, movement	Multi Skills Small and Large ball aiming, tracking, sending, and receiving	Athletics Running, Jumping and Throwing	Striking and Fielding Skills Striking, bowling, and catching
KS1 Year 1	Multi Skills Movement, Balance, and Coordination	Gymnastics Shapes, Rolls and Jumps	Dance Body control, beats, movement	Multi Skills Small and Large ball aiming, tracking, sending, and receiving	Athletics Running, Jumping and Throwing	Striking and Fielding Skills Striking, bowling, and catching
KS1 Year 2	Multi Skills Movement, Balance, and Coordination	Gymnastics Shapes, Rolls and Jumps	Dance Body control, beats, movement	Multi Skills Small and Large ball aiming, tracking, sending, and receiving	Athletics Running, Jumping and Throwing	Striking and Fielding Skills Striking, bowling, and catching
KS2 Year 3	Team Games Attacking and defending principles, movement and passing	Gymnastics Small and Large apparatus, linking shapes, rolls and movements	Dance Partner work, linking movements and creating routines	Net and Wall Games Racket skills, serving, receiving	Athletics Combination Jumping, selection of throws, relays	Cricket and Rounders Quick Cricket, Bucket Rounders
KS2 Year 4	Team Games Attacking and defending principles, movement and passing	Gymnastics Small and Large apparatus, linking shapes, rolls and movements	Dance Partner work, linking movements and creating routines	Net and Wall Games Racket skills, serving, receiving	Athletics Combination Jumping, selection of throws, relays	Cricket and Rounders Quick Cricket, Bucket Rounders
KS2 Year 5	Invasion Games Netball, Tag Rugby, Football	Gymnastics Sequences, Partner work, advanced shapes	Dance Small group work, looking at different effects, evaluating own and others work	Net and Wall Games Rally, Serve and return, scoring	Athletics Sprints, Olympic style relays, Long Distance, Advanced Throws	Cricket and Rounders Pairs Cricket, Rounders
KS2 Year 6	Invasion Games + Playground Leader Training Netball, Tag Rugby, Football	Gymnastics Sequences, Partner work, advanced shapes	Dance Small group work, looking at different effects, evaluating own and others work	Net and Wall Games Rally, Serve and return, scoring	Athletics Sprints, Olympic style relays, Long Distance, Advanced Throws	Cricket and Rounders Pairs Cricket, Rounders
Swimming	Year 6	Year 6	Year 5P	Year 5P	Year 5S	Year 5S