



# St John's Church of England Primary School

## PSHE Long Term Curriculum Map

| Year Group            | Autumn   |  | Spring   |  | Summer   |  |
|-----------------------|--|--|--|--|--|--|
| <b>EYFS</b>           | 'Making Relationships'   |  | 'Self Confidence and Self Awareness'   |  | 'Managing Feelings and Behaviour'  |  |
| <b>KS1<br/>Year 1</b> | <u>Living in the wider world</u><br>Rules / Expectations<br>Taking turns<br><br><u>Health and Wellbeing</u><br>Internet safety<br><br><u>Relationships</u><br>Friendship | <u>Relationships</u><br>Good manners<br>Feelings<br>Responses<br>Opinions<br><br><u>Health and Wellbeing</u><br>Happiness<br>Anger | <u>Health and Wellbeing</u><br>Washing hands<br>Healthy eating<br>Physical activity<br><br><u>Relationships</u><br>Comparisons | <u>Relationships</u><br>A bully is...<br>Unkindness<br>Behaviour<br><br><u>Health and Wellbeing</u><br>Personal safety<br>Emotional safety     | <u>Relationships</u><br>Kindness<br>Family<br><br><u>Living in the Wider World</u><br>Caring<br>Lending / borrowing<br>Sharing                                 | <u>Health and Wellbeing</u><br>Sun safety<br>Road safety<br><br><u>Living in the Wider World</u><br>Money  |
| Additional Units      |  |  | Fact and Opinion E&R   |  |  |  |
| <b>KS1<br/>Year 2</b> | <u>Relationships</u><br>Friendship<br>Fair and unfair<br>Staying safe<br><br><u>Living in the Wider World</u><br>Our school<br>Belonging                                 | <u>Relationships</u><br>Right and wrong<br>Co-operation<br><br><u>Health and Wellbeing</u><br>Consequences<br>Aspirations          | <u>Health and Wellbeing</u><br>Keeping clean<br>Skin<br>Dental hygiene<br>Drug safety  | <u>Health and Wellbeing</u><br>Similarities and differences<br>The human body<br>Growing up<br>Changing needs<br>Physical activity<br>Exercise | <u>Relationships</u><br>Behaviour<br>Teasing<br><br><u>Living in the Wider World</u><br>Local citizenship<br><br><u>Health and Wellbeing</u><br>Responsibility | <u>Health and Wellbeing</u><br>Emotions<br>Love<br>Sadness<br><br><u>Living in the Wider World</u><br>Money<br>Choices<br>Enterprise                         |
| Additional Units      |  |  | Right or Wrong E&R<br>Valuing Differences E&R  |  |  |  |
| <b>KS2<br/>Year 3</b> | <u>Health and Wellbeing</u><br>E-safety<br>Online privacy<br><br><u>Living in the Wider World</u><br>Rules<br>Thinking ahead<br>Taking the lead                          | <u>Relationships</u><br>Friendship<br><br><u>Health and Wellbeing</u><br>Loss / separation   | <u>Health and Wellbeing</u><br>Physical, Emotional and<br>Mental<br>Sleep  | <u>Relationships</u><br>Clear messages<br>How to listen<br><br><u>Living in the Wider World</u><br>Different communities<br>School communities | <u>Health and Wellbeing</u><br>Before puberty<br>Visible changes<br>How to help<br>Emergency calls   | <u>Health and Wellbeing</u><br>A balanced approach<br>Physical exercise<br>Lifestyle choices<br><br><u>Relationships</u><br>Working together<br>Shared goals |
| Additional Units      |  |  | Building Courage and Resistance E&R  |  | Keeping Safe SRA   |  |
| <b>KS2<br/>Year 4</b> | <u>Health and Wellbeing</u><br>Online privacy<br>Internet use  | <u>Relationships</u><br>Reactions<br>Self-worth<br>Persistence and resilience  | <u>Health and Wellbeing</u><br>A balanced diet<br>Working with food  | <u>Relationships</u><br>Responding to others<br>Expressing opinions  | <u>Health and Wellbeing</u><br>Identified strengths<br>Self-respect<br>Setting goals   | <u>Relationships</u><br>Connections<br>Family links<br>Religious views   |



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|---|--|--|---|---|---|--|
|   | <u>Living in the Wider World</u><br>Gender stereotypes   | <u>Health and wellbeing</u><br>Feelings  |   | <u>Health and Wellbeing</u><br>Loss / separation<br>Family changes  |   | <u>Celebrating diversity</u><br><br><u>Living in the Wider World</u><br>Money choices<br>Managing money  |
| Additional Units  |  |  | Extreme Reactions E&R   |   | Taking Risks SRA  |  |
| <b>KS2 Year 5</b>   | <u>Living in the Wider World</u><br>Structure<br>Law and order<br>UN Rights<br><br><u>Relationships</u><br>Online relationships<br><br><u>Health and Wellbeing</u><br>Drugs<br>Alcohol | <u>Health and Wellbeing</u><br>Death and grief<br>Managing conflict<br><br><u>Living in the Wider World</u><br>Community event | <u>Health and Wellbeing</u><br>Physical, emotional and mental<br>Healthy lifestyles<br>Tobacco<br>Substance abuse   | <u>Health and Wellbeing</u><br>Physical, emotional and mental<br><br><u>Relationships</u><br>Confidentiality<br>Listening<br>Responding   | <u>Health and Wellbeing</u><br>Food choices<br>Cooking<br><br><u>Relationships</u><br>Physical contact  | <u>Relationships</u><br>Responding<br>Shared goals<br>Community spirit<br><br><u>Health and Wellbeing</u><br>Basic first aid   |
| Additional Units  |  |  | Minority Groups E&R   |   | Taking Drugs SRA<br>Drug Awareness SRA  |  |
| <b>KS2 Year 6</b>   | <u>Health and Wellbeing</u><br>Identified Strengths<br>Setting Goals<br>Internet Safety  | <u>Relationships</u><br>Race and Ethnicity Gender<br>Stereotypes Culture – Cultural<br>Feast                                   | <u>Health and Wellbeing</u><br>Physical Illness Immunisation<br><br><u>Relationships</u><br>Marriage  | <u>Health and Wellbeing</u><br>Healthy Minds<br><br><u>Relationships</u><br>Mental Wellbeing<br>Support and care  | <u>Living in the Wider World</u><br>Budgeting<br>Consumer sense   | <u>Living in the Wider World</u><br>Generating income  |
| Additional Units  |  |  | Vulnerability E&R<br><b>Terrorism E&amp;R</b>   |   | Substance Awareness SRA<br>Forming Relations RSE<br>Sexual Relationships RSE<br>Healthy Relationships RSE<br>Unhealthy Relationships RSE<br>Gender Issues and Relationships RSE | Forming Relations RSE<br>Sexual Relationships RSE<br>Healthy Relationships RSE<br>Unhealthy Relationships RSE<br>Gender Issues and Relationships RSE                     |
| <b>Awareness Days</b>   | Harvest Festival<br>ADHD Awareness<br>Black History Month<br>National Poetry Day   | Remembrance<br>World Mental Health Day<br>World Kindness Day<br>Anti-Bullying Week<br>World Cup (20/11-18/12)<br>Christmas     | Chinese New Year (22/1)<br>National Story-telling Week<br>Safer Internet Day (14/2)<br>Children's Mental Health Week (6/2)<br>Stand up to bullying (24/2) | World book day (2/3)<br>British science week (10-19/3)<br>Shrove Tuesday<br>Ash Wednesday<br>Easter   | Mathematics awareness month (April)<br>SATs<br>King Charles III's coronation (6/5)  | World environment day (5/6)<br>D Day (6/6)<br>National school sports week (18/6)<br>World music day (21/6)<br>Children's Art Weeks (26/6-16/7)<br>Transition and changes |
| <b>3 core programmes of study</b>   |  |  |   | <b>Additional units</b>   |   |  |
| <ol style="list-style-type: none"> <li>1. Health and wellbeing</li> <li>2. Relationships</li> <li>3. Living in the wider world</li> </ol> |  |  |   | <ol style="list-style-type: none"> <li>1. E&amp;R Extremism and Radicalisation</li> <li>2. SRA Substance Related Abuse</li> <li>3. RSE Relationships and Sex Education</li> </ol> |   |  |