

PSHE Curriculum Statement



The National Curriculum outlines that Personal, Social, Health and Economic (PSHE) education is an important and necessary part of all pupil's education. Although it is a non-statutory subject, at St. John's CofE Primary School, we believe well delivered PSHE programmes have a positive impact on both academic and non-academic outcomes, particularly for the most vulnerable and disadvantaged. Therefore, we strive to provide the best PSHE teaching for our pupils.

Intent

At St John's CofE Primary School, we believe that PSHE education is a fundamental part of every child's education, in order for them to become happy and healthy citizens. It provides opportunity for children to develop the knowledge, skills and attributes they need to thrive as individuals. We aim to promote personal development in a structured and developmentally appropriate way, in order to give children the knowledge, understanding, attitudes and practical skills to improve their life chances. We enable children to develop their sense of self-worth by encouraging them to play a positive role in contributing to school life and the wider community. Our curriculum covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. We feel that learning about the emotional and social aspects of growing up, will give children and young people the information, skills and positive values to empower them to have safe and fulfilling relationships and to become independent, responsible members of society.



Our aim is that children are enabled to:

- Live healthy lifestyles
- Address personal hygiene
- Develop an awareness of changing and growing
- Deal with different emotions in an appropriate way
- Keep safe
- Communicate well with others and work as a team
- Define, identify and know how to respond to bullying
- Know where and how to seek help when needed
- Treat everybody with respect
- Form and build positive relationships
- Understand the reasons for rules, and their responsibility to keep them
- Learn about their responsibility in caring for others
- Be active in their own learning
- Be active within their community
- Manage money well
- Keep safe online
- Self-assess and identify their strengths and weaknesses
- Know how to make emergency calls
- Know basic First Aid
- Work collaboratively and respectfully
- Appreciate diversity
- Empathise with other points of view
- Express opinions clearly
- Understand the changes that occur in puberty
- Develop strategies for managing changing emotions

Implementation

We implement the 3D Dimensions PSHE Programme across all year groups with direct, timetabled PSHE sessions. Through this, pupils develop the knowledge, skills and attributes needed in order to keep themselves healthy and safe whilst preparing them for life and work.

There are three underlying core themes taught throughout Dimensions 3D PSHE, within which there is broad overlap and flexibility:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World



Following this curriculum means pupils are encouraged to participate in a wide range of activities, enabling them to make significant contributions to school life and as part of the wider community. This allows pupils to become aware of their skills and talents, develop their self-worth, learn to work as part of a team and take greater responsibility for their own learning. In doing so, they are able to reflect and evaluate on how they are making progress.

In order to develop themes and share ideas, there are regular timetabled sessions, e.g. circle time. During these sessions, pupils regularly ideas cooperatively in groups or as a class, facilitating respect, cooperation, fairness, sharing and negotiation. Through circle time, pupils are also encouraged to participate in discussion to resolve conflicts, or, set agreed classroom rules or behavioural expectations. Much of the curriculum is delivered through oral and practical activities. Opportunities will be found within other curriculum areas e.g. links with drama and role-play, debate and discussion, working together in pairs or small groups, improving health in PE, environmental, health and drug issues in science, values and practices in RE.

We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the Archie Project, Police Cadets, links and visits to our local church, the planning of school special events/activities for other individuals or groups less fortunate than themselves. We offer children the opportunity to hear visiting speakers, such as road safety, health professionals and money management workshops. Furthermore, we welcome representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive community.

Throughout the PSHE curriculum, children have opportunities to explore issues connected with living in a diverse and multi-cultural society. Children participate in PSHE relevant celebrations e.g Friendship week, Anti-bullying week, Children's Mental Health week.

A weekly School Values assembly promotes relevant and key themes for our school and the wider world, including British Values and Spiritual, Moral, Social and Cultural concepts. Celebration assemblies celebrate personal achievement, and reward thoughtful, caring behaviour.

Our School Council is elected through a fair and democratic process. Their job is to feedback key information from each meeting to their class and gather feedback. Having representatives from each year group ensures a variety of children's voices are being heard. They experience the process of democracy and understand rights and responsibilities.



Impact

PSHE education is a vital part of pupils' preparation for life, and lessons offer a safe space to explore more complex issues. Our implementation helps children achieve their full potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. Through fostering their wellbeing, pupils are then able to become happy, successful and productive individuals.

Formative assessment opportunities within lessons ensure that pupils build on their skills and knowledge over time. Activities and reflection opportunities are included within lessons to give pupils opportunities to identify areas for self-improvement. Personal progress is recognised within the wider school community through weekly celebration assemblies. The PSHE lead monitors the subject through discussion with pupils, gathering evidence of written activities and through ongoing discussion with colleagues.

Early Years

As a prime area of the Early Years curriculum, Personal, Social and Emotional Development (PSED) is known to be a vital part of early learning. All key areas of the Early Years PSED curriculum are covered in creative and innovative ways within the Early Years 3D PSHE programme. Modern British values are embedded, both implicitly and explicitly within the teaching resources.

Four headings help to organize the PSED statements and are referenced as:

- It's All About...Taking Part!
- It's All About...Being Smart!
- It's All About...Where to Start!
- It's All About...Having Heart!